



Set Up: Two groups of six players are set up in the attacking third, with lines starting at the cones.

Procedure: Play begins with a pass from the Feeder to either attacker, and all of the players release from their cones with the Feeder's first touch. Play continues 2 v 2 to completion. If the defenders win the ball, they can score in the two small goals set up outside of the penalty area. On goals and balls put out of play, the Feeder re-starts the drill with the next set of players.

Teaching Topics:

- 1 Combination play.
- 2 Attacking 1 v 1.
- 3 Re-possession.

Progressions:

- 1 Start with a 50-50 ball from the Feeder.

Coaching Points:

- 1 Look for the overlap and takeover/heel pass combinations if a dribbling run stalls.
- 2 Attack the first defender aggressively with the dribble.
- 3 After losing possession, the attackers should immediately look to win the ball back.