



**Set Up:** There are 6-8 players set up in the attacking third, starting at the cone.

**Procedure:** To begin play, the shooter wall passes with the Feeder, and then finishes on goal. After finishing the first shot, the shooter runs into the penalty area to finish a cross from the second Feeder. As the drill continues, the first Feeder sends the shooters to the right and the left on the first shot. The second Feeder switches over to the other side of the field after 5-10 minutes.

### **Teaching Topics:**

- 1 Passing.
- 2 Runs to goal.
- 3 Finishing the cross.

### **Progressions:**

- 1 The first Feeder plays a back pass to the shooter.

### **Coaching Points:**

- 1 If the first pass is poor, the return pass is likely to be poor as well.
- 2 Hold your run when the ball is played backwards, so you'll have time to adjust to it.
- 3 Circle the approaching run and approach the cross at an angle.