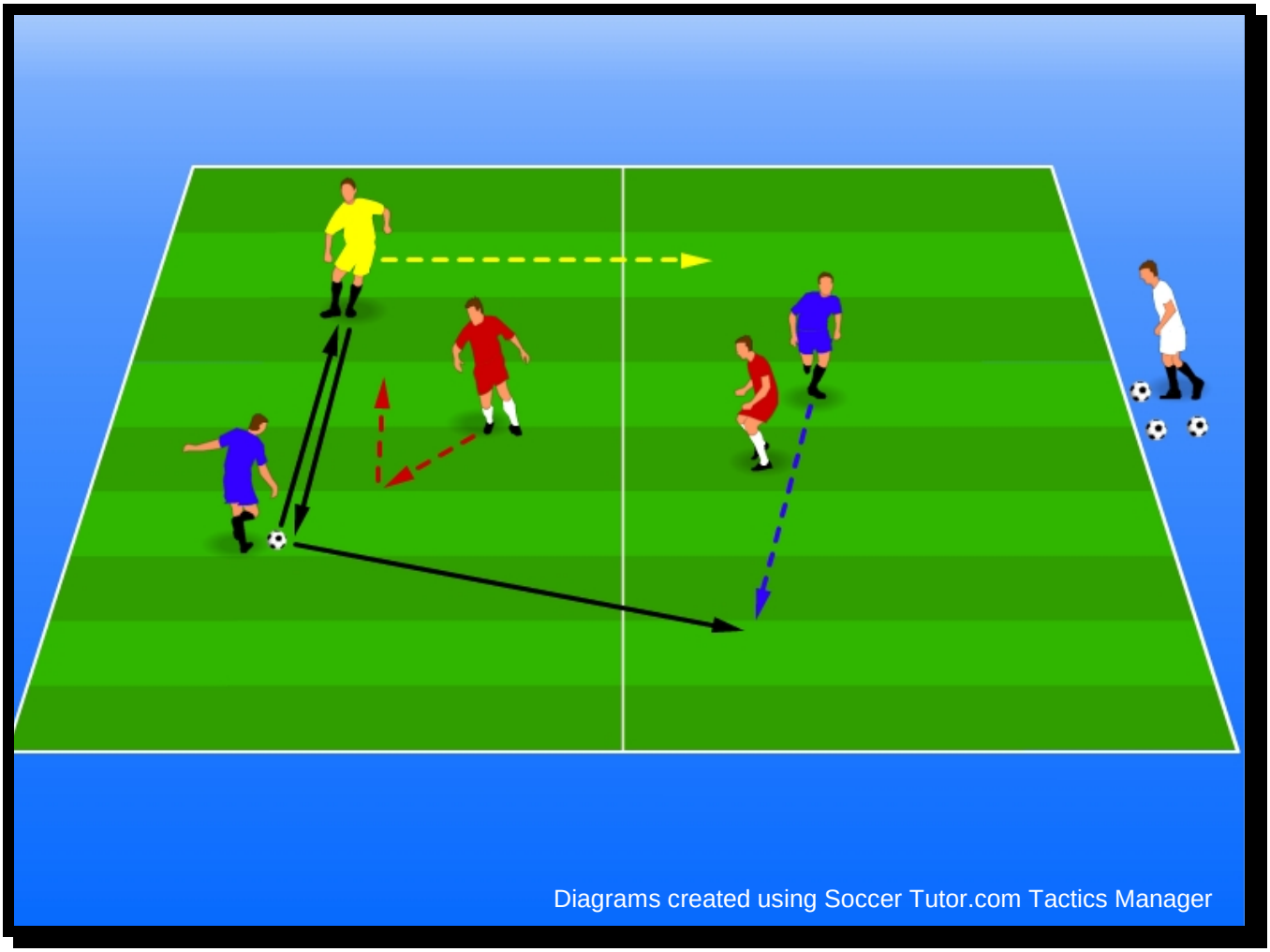
Find the Third Man | Small Sided | Group Attacking



Set Up: Five players are set up on a small split field, playing 1 v 1 plus one in one half, and 1 v 1 in the other.

Procedure: During the drill, the attacking team looks to maintain possession in their half and switch the ball over to the other half within five passes. After the pass is made, the neutral player crosses over into the other half to create a new 2 v 1. When the ball is put out of play, the Feeder re-starts the drill with a pass in to the attacking team.

Teaching Topics:

1 Expanding the field.
2 Timing the runs.
3 Field of vision.

Progressions:

1 Limit the neutral attacker to one touch.

Coaching Points:

1 Use the entire space and do not allow one defender to cover two players.
2 Hold your run until your teammate is prepared to switch the ball over.
3 Open your stance while receiving, and be able to see both sides of the field.