Three Zone Game	Large Sided	Group Attacking

Set Up: There are 16 players set up on a field split into three zones, playing 3 v 3 in the central zone, and 2 v 3 in the end zones.

Procedure: During the game, all of the players must stay inside of their zones, and goals can be scored from any zone. On goals and balls put out of play, the game is re-started by the Feeder. As the game progresses, the Coach can put conditions on the teams in order to create superior numbers (see Progressions).

Teaching Topics:

1 Supporting runs.
2 Receiving.
3 Finishing.

Progressions:

1 Players can cross over when they receive a back pass.
2 Follow your own pass across.

Coaching Points:

1 Check away from the ball until your teammate is ready to pass the ball in.
2 With a defender on your back, take your first touch away from pressure.
3 Look to set the ball back into the central zone for first time shots.