



Diagrams created using Soccer Tutor.com Tactics Manager

Set Up: Twelve players are set up in the defending third, playing 7 v 5 with three defenders stationed on the end line.

Procedure: The Feeder begins play with a pass towards the corner. From there, the attackers work the ball out of the back and attack the two small goals set up in the midfield. If the defenders win the ball, they try to finish on goal. When the attackers miss a shot on a small goal, the three extra defenders enter the field and attack the goal 8 v 7. When a goal is scored or a ball is put out of play, the Feeder re-starts play with the next pass towards the corner.

Teaching Topics:

- 1 Width and depth.
- 2 Dribbling.
- 3 Decision making.

Progressions:

- 1 Progress to 7 v 6.

Coaching Points:

- 1 Use the entire space, switch fields, and involve the goalkeeper in the attack.
- 2 The outside backs should look to run with the ball once it is played out to the flank.
- 3 Do not take risks in the defending third, or take on any defenders 1 v 1.