



Diagrams created using Soccer Tutor.com Tactics Manager

Set Up: Six players are set up on narrow fields, with pairs of players facing each other.

Procedure: During the game, the players play the ball back and forth at the square targets and score by:

- 1) Landing the ball inside of the square in the air.
- 2) Playing it on the ground thru the square.
- 3) Settling a driven ball out of the air and into the square.

The first player to three points wins the game, and the players compete in a best of seven series.

Teaching Topics:

- 1 Receiving.
- 2 Preparing to pass.
- 3 Ball striking.

Progressions:

- 1 Two players are set up at each end.

Coaching Points:

- 1 Move into the path of the ball as early as possible and get your feet set.
- 2 Your first touch must create the proper angle in order to strike a hard, accurate pass.
- 3 Point the toe down and slice under the ball in order to drive it with back spin.