



Diagrams created using Soccer Tutor.com Tactics Manager

Set Up: There are six players set up on a small field, playing 3 v 3 with small goals.

Procedure: During play, the two teams can only advance the ball forward with the dribble. All passes must be played backwards. The other team takes possession on illegal forward passes. Games are played to two goals with a five minute time limit, and the teams play best two out of three before making up new teams. On goals or on balls put out of play, the game is re-started by the Feeder.

Teaching Topics:

- 1 Attacking 1 v 1.
- 2 Transition.
- 3 Re-possession.

Progressions:

- 1 Play 3 v 3 plus one.
- 2 Progress to 4 v 4

Coaching Points:

- 1 Commit the defender with the dribble before passing off.
- 2 Anticipate changes of possession and attack with superior numbers.
- 3 Immediately after losing the ball, jump right back on it and win it back.