



Set Up: There are 8-10 players set up in the attacking third, starting at the cones.

Procedure: To begin the drill, Player A wall passes with Player B, and then plays the ball up to Player C. Player C opens up and changes the ball over to Player D as Player E overlaps him. Player D sends Player E towards the corner for a cross. Player C makes a delayed run and finishes on goal. Upon completion, the players rotate to the next cone. After 10-15 minutes, the drill is moved over to the other side of the field.

Teaching Topics:

- 1 Passing.
- 2 Changing the field.
- 3 Timing the runs.

Progressions:

- 1 Add a 1 v 1 inside of the penalty area.

Coaching Points:

- 1 The short passes in the combinations must be played directly to feet.
- 2 The long pass from Player C to Player D has to be a driven ball.
- 3 Player C must hold his run and wait for Player E to look up.