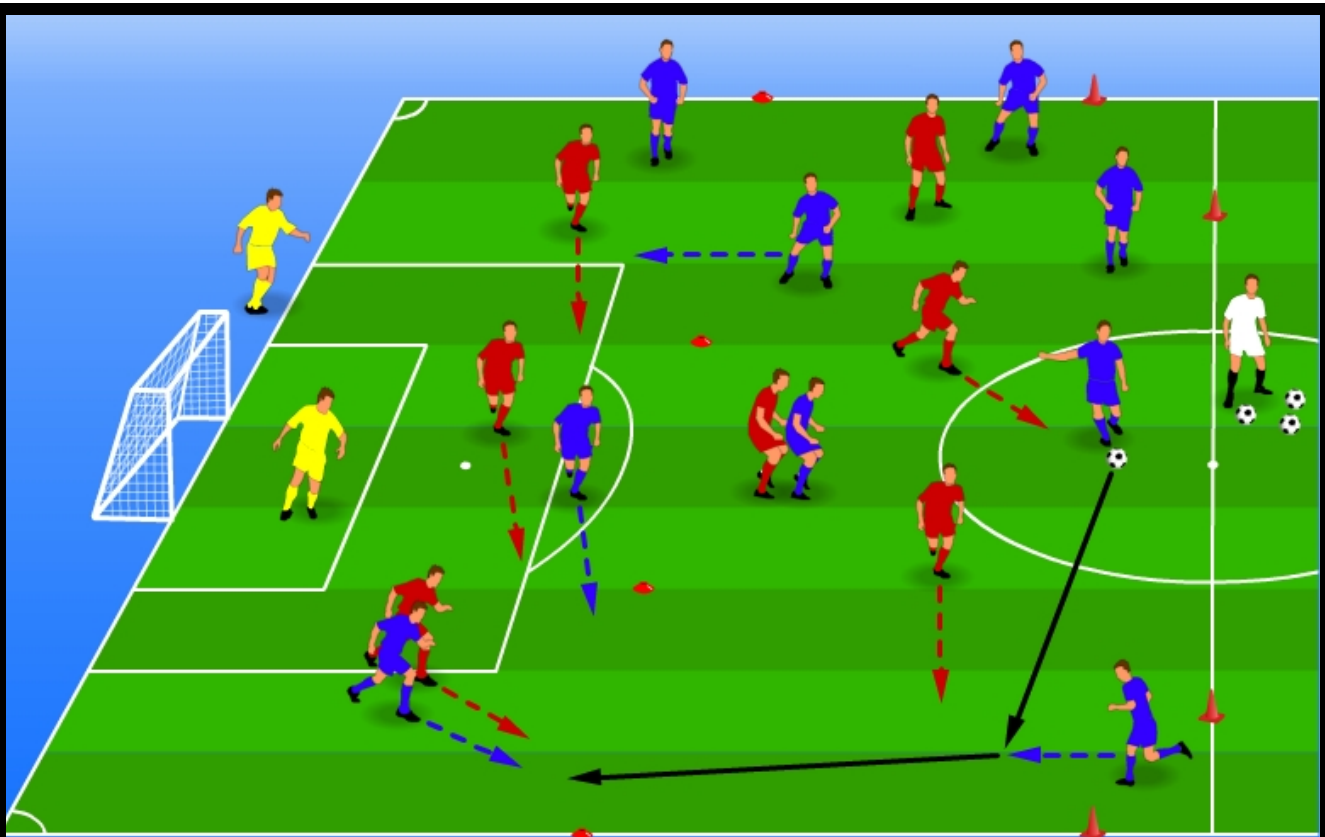


6 v 4 → 4 v 3

Large Sided

Group Attacking



Diagrams created using Soccer Tutor.com Tactics Manager

Set Up: There are 16 players set up in the attacking half, starting 6 v 4 in the midfield zone, and 3 v 3 in the attacking zone.

Procedure: The Feeder begins play with a pass into the midfield zone. From there, the attackers must pass the ball into the attacking zone before shooting on goal. When the ball is played in, one attacker crosses over into the attacking zone, creating a 4 v 3. If the defenders win the ball, they can score in the small goals set out on the flanks. Throw-ins and corner kicks are used on balls played out of touch, and the Feeder re-starts play when goals are scored.

Teaching Topics:

- 1 Decision making.
- 2 Expanding the field.
- 3 Runs off the ball.

Progressions:

- 1 Allow shots from the midfield zone.

Coaching Points:

- 1 Always look to attack down the center first. Use the flanks if the center is closed down.
- 2 Use the entire space in the midfield zone, and get attackers free on the flanks.
- 3 Hold the run and/or check away from the ball before receiving in the attacking zone.