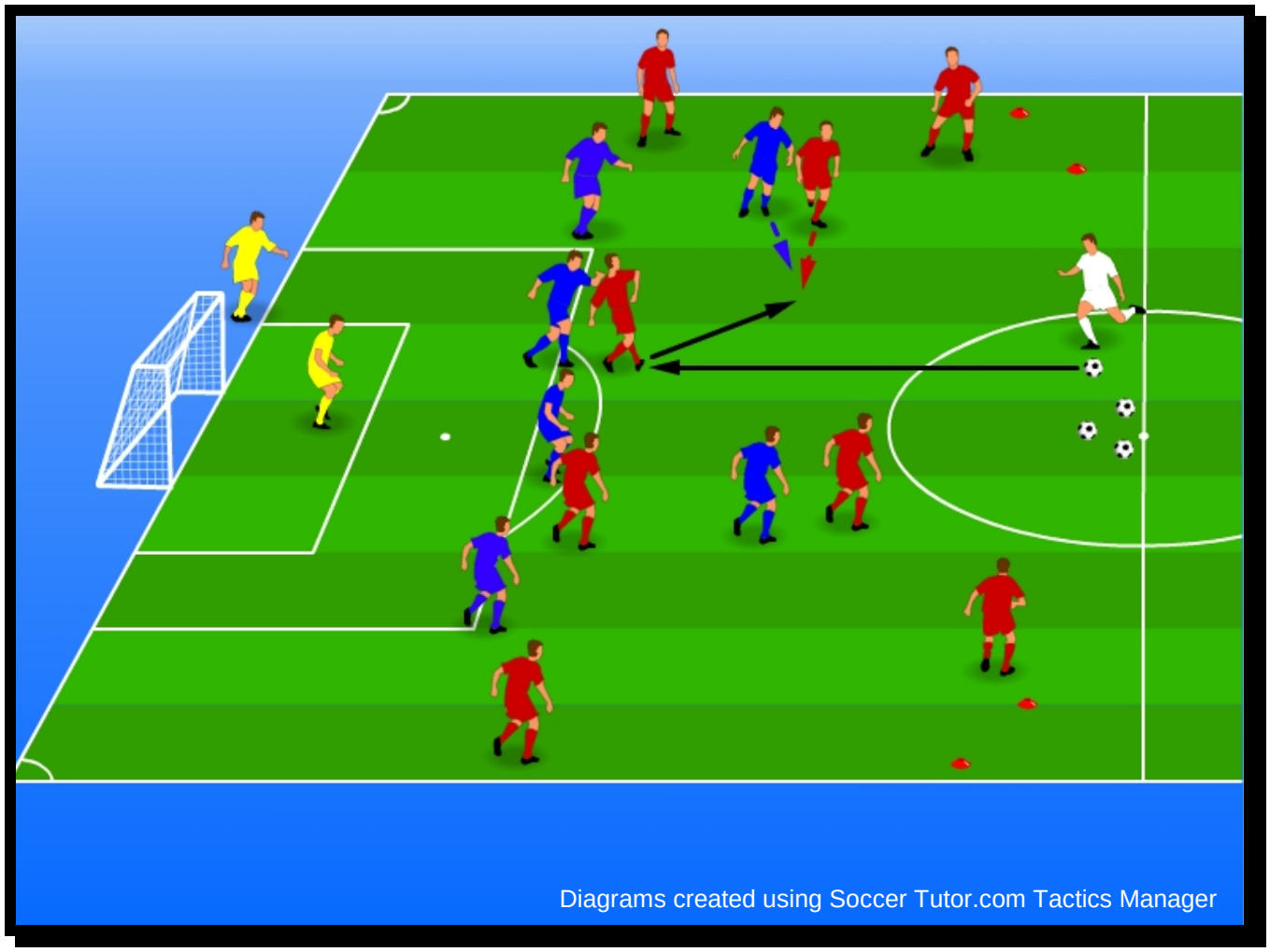
8 v 6, Deep Pass	Large Sided	Group Attacking



Set Up: There are fourteen players set up in the attacking half, playing 8 v 6.

Procedure: Play begins with a deep pass from the Feeder to a central striker, who touches the ball back to a midfielder. The two teams play to completion from there. When the defenders win the ball, they can score in the two small goals placed out on the flanks. Throw-ins and corner kicks are used on balls played out of bounds. After a goal is scored, play is re-started by the Feeder.

Teaching Topics:

1 Rhythm of play.
2 Expanding the field.
3 Speed of play.

Progressions:

1 Play 6 v 6 plus two.

Coaching Points:

1 Play in a one and two touch rhythm and get the ball off of your foot quickly.
2 Connect both sides of the field with hard, driven passes.
3 Do not slow down the attack with extra touches. Time is on the side of the defense.