



Diagrams created using Soccer Tutor.com Tactics Manager

Set Up: There are 12 players set up on a small field, playing 5 v 5 plus two.

Procedure: To score, the attackers must dribble the ball over their opponents' end line. Also, the attackers can score an additional point for receiving a thru pass behind the entire defense. When a team scores a goal, they maintain possession and reverse directions. When a ball is put out of play, the game is re-started by the Feeder. One player from each team switches in for a neutral after 5-10 minutes.

Teaching Topics:

- 1 Width and depth.
- 2 Expanding the field.
- 3 The Thru pass.

Progressions:

- 1 Use one or two small goals on the end lines.

Coaching Points:

- 1 Get width so that you can move out of the defender's field of vision.
- 2 Get down the field and stretch the defense. Pull the defenders apart.
- 3 Make a horizontal run as you wait for your teammate to touch the ball thru.