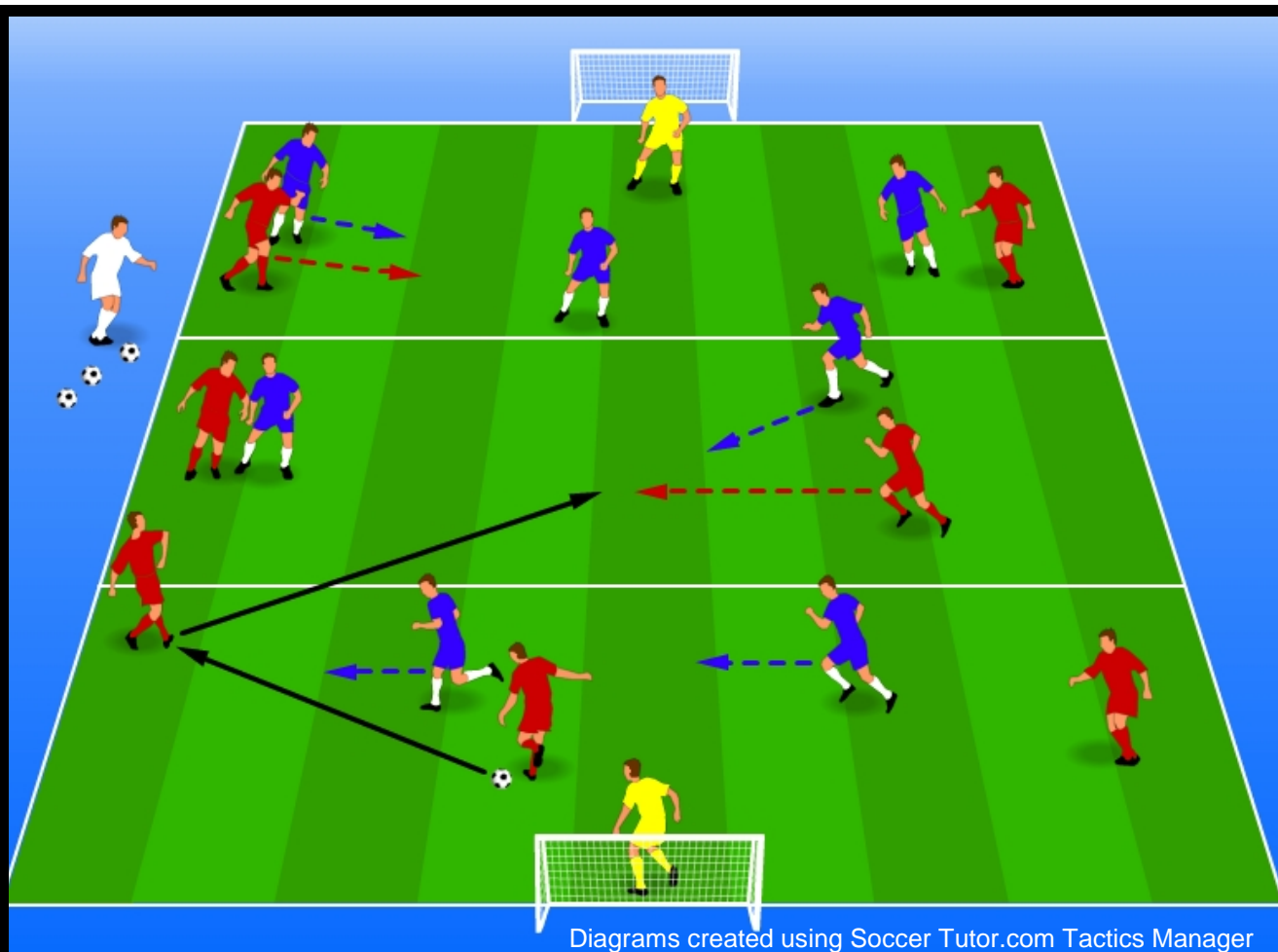


3 v 2 → 2 v 2 → 2 v 3

Large Sided

Group Attacking



Set Up: There are fourteen players set up on a large field split into three zones, playing 7 v 7.

Procedure: During the game, the players must stay inside of their own zones, playing 3 v 2 in the defending zone, 2 v 2 in the central zone and 2 v 3 in the attacking zone. The ball can be played directly from one end zone to the other, bypassing the central zone. Balls played out of bounds are re-started with a free kick. On goals and balls put out of play, the game is re-started by the Feeder.

Teaching Topics:

- 1 Timing the runs.
- 2 Ball control.
- 3 Speed of play.

Progressions:

- 1 Attackers can follow their own pass into the next zone.

Coaching Points:

- 1 Hold the run and/or check away from the ball in the final third before receiving.
- 2 With a defender on your back, take your first touch away from pressure.
- 3 Play in a one and two touch rhythm, especially in the middle zone.